

Eye drop chart

Your eye drop regime is as follows:

The following drops should be applied to your operated eye only, starting the morning after surgery.

Drop	Time	Action
Chloramphenicol (store in fridge)	One drop, four times a day for 2 weeks, then stop	Antibiotic
Dexamethasone (Maxidex)	One drop, four times a day for 4 weeks, then stop	Anti-inflammatory

- When putting the eye drops into your eye, do not allow the bottle tip to touch your eye.
- Do not allow other people to use your eye drops.
- Throw away the drops when you have finished the course of treatment.

How to apply your eye drops

1. Always wash your hands before putting in the drops.

2. Sit or lie with your head tilted backwards.
3. Gently pull your lower lid down with one finger.
4. Holding the bottle on the bridge of your nose or on your forehead, squeeze one drop into your eye. You may want to buy a small device, called an “eye drop dispenser”, which helps you to apply the eye drops more easily. These are available from most chemists or online.
5. Close your eye and gently blot excess drops with a clean tissue.
6. If you think you may have missed with the drops, put another dose in - you will not overdose yourself
7. If you think you are going to run out of your drops, please telephone us or your GP surgery and ask for a repeat prescription for whichever drops you are short of.

Eye drop chart

1 drop from each bottle (chloramphenicol and maxidex) 4 times a day

	1st drop	2nd drop	3rd drop	4th drop
Day 1				
Day 2				
Day 3				
Day 4				
Day 5				
Day 6				
Day 7				
Day 8				
Day 9				
Day 10				
Day 11				
Day 12				
Day 13				
Day 14				

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Continue onto the next chart - Maxidex drops only

Eye drop chart

1 drop from Maxidex bottle 4 times a day

Maxidex only

	1st drop	2nd drop	3rd drop	4th drop
Day 15				
Day 16				
Day 17				
Day 18				
Day 19				
Day 20				
Day 21				
Day 22				
Day 23				
Day 24				
Day 25				
Day 26				
Day 27				
Day 28				

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